

Christian Yoga

with Bonnie Forkner

Christian Yoga is a style of yoga specifically designed for Christians and/or those interested in deepening their connection and personal relationship with God. This class provides a unique worship experience centered around the Bible and contemporary Christian music. It is the intentional practice of connecting our entire being to Jesus Christ. In class, you can expect to listen to Christian music, discuss scripture, practice breath work and pray. Join us every Thursday to connect to Christ in a very personal and powerful way!

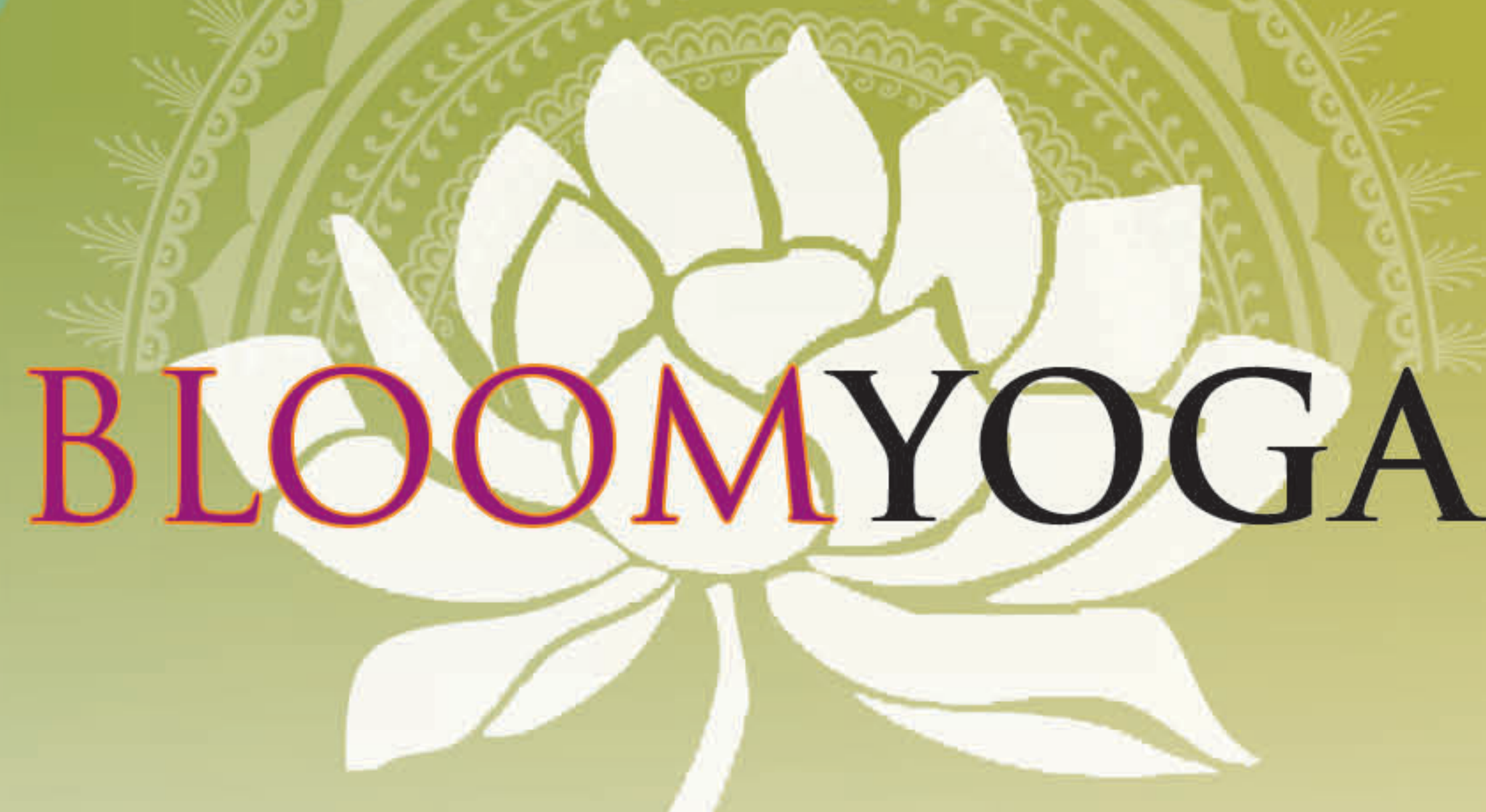
“Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.” Mark 12:30

Thursdays, 5:30pm

at Bloom Yoga | 1607 Mission Drive #103, Solvang

For more info, call:
(805) 691-9233

BLOOMYOGA



Join us for Yoga,
Pilates, and Nia in our
beautiful studio

YOGA, PILATES, NIA & MORE